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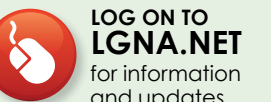
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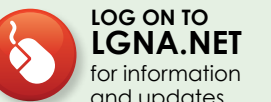
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Ribbons, handshakes, "thank you's", kind thoughts, and every other show of support have meant a lot to all of us. So many of you have done so very much to help all of us heal that this article would turn into an 18-inch book if I were to list every display of gratitude. Please be assured that every act of support is welcomed by all of us. We are healing. It will take a while. Please continue to remember the families of the officers killed.

# LGNA

LOWER  
GREENVILLE  
NEIGHBORHOOD  
ASSOCIATION

SEPT • OCT 2016

MOCKINGBIRD TO ROSS / GREENVILLE TO SKILLMAN

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John Dailey | SECRETARY  
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Michelle Foreman 214-394-2487

David Jones 214-300-1894

Ken Lampton 214-502-5858

Alan Schonborn 214-823-4057

### USEFUL NUMBERS

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214-476-8023

Council Member Philip Kingston  
214-670-5415

DPD Officer Keith Allen  
214-671-3477

Sanitation / Bulk Trash  
214-670-3555

Code Compliance  
214-670-5708

Animal Services Call 311

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## SAVE THE DATE

For the eleventh year, Tietze Park will again see one of Dallas' largest National Night Out events. The 2016 event will be on **October 4 between 5:30 and 8:00pm.**

National Night Out is designed to strengthen relationships between residents and public service organizations such as police, city departments and charitable organizations that serve the community. Three neighborhood organizations host the event – Lower Greenville Neighborhood Association, Lakewood Heights Neighborhood Association, and Friends of Tietze Park Foundation.

On hand will be police officers to talk to about crime concerns. This year will highlight "Back the Blue." See Darren Dattalo's article in this newsletter for info on showing our thanks to the Dallas Police Department.

In addition, we will have exhibits from quality-of-life and charitable organizations, visits by elected officials, and many city services. As usual we will have face painters, hotdogs, and bounce houses. Featured will be a flag ceremony, musical entertainment, and chances to learn more about the great area that we call home.

This is a great opportunity to have some fun, meet some neighbors, and learn a little something about health and safety. Look for the flyer on your doorstep. The event will take the place of our regularly scheduled September LGNA event. Be sure to save the date.

## BENJAMIN'S PARADE & A DAY AT THE RACES!

BIANCA JACKSON, SR. DIRECTOR OF DEVELOPMENT,  
GENESIS WOMEN'S SHELTER & SUPPORT



For more than 31 years Genesis Women's Shelter & Support has provided safety, shelter and expert counseling to women and children who have experienced domestic violence. Thanks to the Dallas community, we are able

to offer these life-changing services at no cost to clients, and this is largely accomplished through our host of special events. We are excited to bring a brand new event, The Lowest Greenville Derby, to your neighborhood. Read on to learn more.

The story below illustrates how community support helps make our mission possible.

By the time five-year-old Benjamin arrived at Genesis Women's Shelter with his mom, he had already witnessed his father hold a gun to his mother's head and threaten her life.

(CONTINUED INSIDE)

### UPCOMING EVENT

**WHEN** Wednesday, October 4  
5:30-8:00 pm

**WHERE** Tietze Park  
2850 Skillman

**WHAT** National Night Out

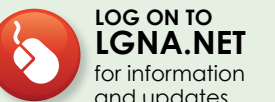
### BULK TRASH DATE

**PICK UP:** Sept 12-16  
**EARLIEST SET-OUT:** Sept 8

**PICK UP:** Oct 10-14  
**EARLIEST SET-OUT:** Oct 6

**PICK UP:** Nov 14-18  
**EARLIEST SET-OUT:** Nov 10

**Remember:** The city has a zero tolerance for placing trash out prior to the earliest set-out date. Don't get stuck with a fine for missing the date.



LOG ON TO  
**LGNA.NET**  
for information  
and updates.

(continued)

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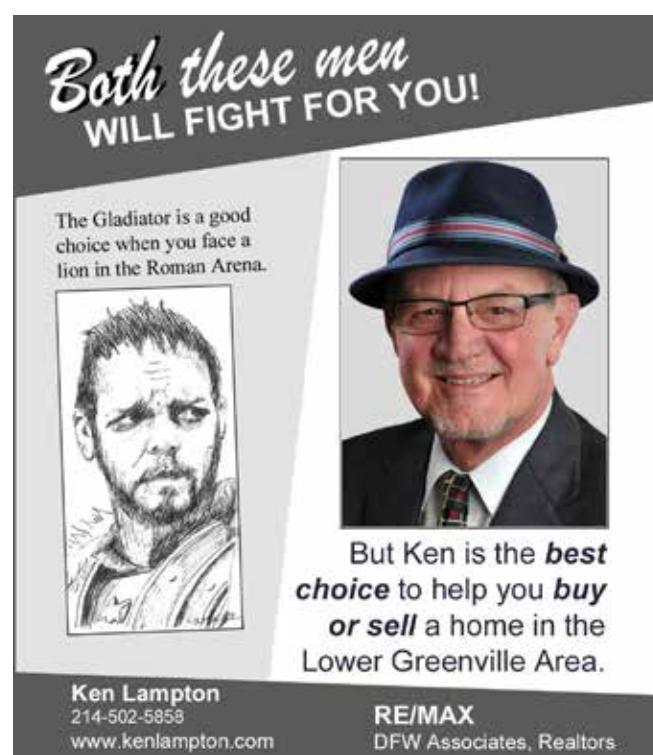
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## SHOW YOUR SUPPORT AND JOIN NOW!

name: \_\_\_\_\_

address: \_\_\_\_\_

phone: \_\_\_\_\_

cell: \_\_\_\_\_

email: \_\_\_\_\_

Please print clearly! Email addresses are required to receive neighborhood alerts. Personal information is not shared with any outside group or used for any other purpose. Receipts will be furnished upon request. Checks for LGNA membership should be made out to LGNA. For Extended Neighborhood Patrol membership, checks should be made out to LGNA-ENP. Please provide separate checks if possible. **Mail this form and check payable to LGNA or LGNA-ENP to: PO Box 720067, Dallas, TX 75372 (or bring it to the next LGNA meeting).**

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# DIG THIS!

notes from a neighborhood gardener

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darren@homesinthe-loop.com  
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## SHOW YOUR SUPPORT AND JOIN NOW!

name: \_\_\_\_\_

address: \_\_\_\_\_

phone: \_\_\_\_\_

cell: \_\_\_\_\_

email: \_\_\_\_\_

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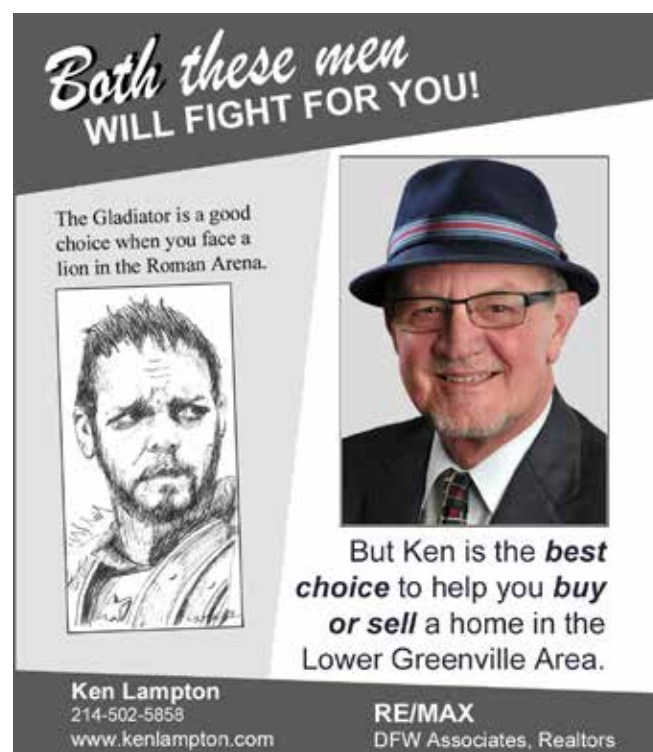
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4th place: Benita Barnard – Peach shortcake

Neighborhood merchants generously provided gift cards for dessert-contest prizes and door prizes. Please patronize these businesses and thank them for their support of our neighborhood.

[Greenville Avenue Pizza Company](#) • [Blue Goose](#) • [HG Sply Plum Yoga](#) • [Joy Macaroons](#) • [Refined Fitness](#)



*Both these men WILL FIGHT FOR YOU!*

The Gladiator is a good choice when you face a lion in the Roman Arena.

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# DID YOU KNOW?

### TRASH ROLL CARTS

The City of Dallas provides residences with a 96-gallon roll cart for garbage collection. Call 311 to request a blue recycling cart. One time per week, residential garbage and recycling is collected by Sanitation Services. In most of our area, roll carts must be placed in the parkway between the sidewalk and street.

There are rules for roll-cart maintenance. Residents are responsible for keeping their carts clean and odor free by periodically rinsing them with a little detergent and a garden hose. The roll carts should be brought in no later than 8:00am on the day following collection day. Failure to bring in your roll cart can result in a fine.

### CENTRAL VCTF (VIOLENT CRIMES TASK FORCE)

Earlier this year the Dallas Police Department Violent Crimes Task Force (VCTF) came to Central Division which includes the Lower Greenville area. In addition to Central Patrol officers, the VCTF added an additional 170 officers that will focus their efforts in the Ross-Bennett area south of Lowest Greenville.

The VCTF combines officers from K9, gang, narcotics, SWAT, and patrol to address drugs and violent crime. One officer taking part in a recent exercise informed us that while the LGNA area had relatively little violent crime, the target area was close enough that VCTF activity would enhance our protection. The VCTF has already made narcotics arrests and taken guns off the street in the Central Division.

Follow VCTF on Twitter @DallasPDVCTF for more information.



## SHOW YOUR SUPPORT AND JOIN NOW!

name: \_\_\_\_\_

address: \_\_\_\_\_

phone: \_\_\_\_\_

cell: \_\_\_\_\_

email: \_\_\_\_\_

Please print clearly! Email addresses are required to receive neighborhood alerts. Personal information is not shared with any outside group or used for any other purpose. Receipts will be furnished upon request. Checks for LGNA membership should be made out to LGNA. For Extended Neighborhood Patrol membership, checks should be made out to LGNA-ENP. Please provide separate checks if possible. **Mail this form and check payable to LGNA or LGNA-ENP to: PO Box 720067, Dallas, TX 75372 (or bring it to the next LGNA meeting).**

**Pay Pal Now Available:** LGNA has made it a little easier for you to become a member. We've added PayPal to the LGNA website. On the site, you'll see two buttons, one for regular membership and one for seniors (65+). If you have a PayPal account, you can use that directly. If not, you can skip that step and proceed directly to a credit card processing page. LGNA does not receive your credit card information, only the contact information. There is no surcharge added to the regular \$20 per household membership (\$5 for seniors).



### SHOULD YOU RECYCLE SHREDDED PAPER?


**No.** Sanitation Services suggests that you add shredded paper to your backyard compost pile or regular garbage. The City of Dallas handles recycled materials by first emptying and removing plastic bags and other plastic film materials. (Plastic film materials – e.g., bags – cannot be recycled by Dallas.) Next, they remove paper by subjecting the recycled materials to strong gusts of air designed to blow out paper. Shredded paper or "confetti" cannot be captured.

### WHEN ELECTRICAL POWER GOES OUT?

If the lights go off, first determine whether it is really a power outage or a problem with your own breaker or fuse box. Reach for your flashlight and check your main electric panel. (First be sure that you have a flashlight with good batteries conveniently stored.) If it's not a fuse or breaker, check to see whether that power is also out for your neighbors.

If it is an outage, call Onco electrical delivery – 1-888-313-4747 to report the outage.



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### Please choose all that apply:

- Join LGNA (\$20/yr, \$5 for 65+)
- Join Expanded Neighborhood Patrol (\$200/yr, \$150 for 65+)
- Add me to the Crime Watch Email List
- Please contact me about Volunteering

## GLOBAL VILLAGE MARKET

Greenland Hills United Methodist Church is holding its 10th annual Global Village Market – an amazing two-day event that brings together charitable organizations and fair-trade retailers to offer a truly unique holiday shopping experience. Also available will be special events, homemade pies, live music, and a food truck for lunch on Sunday.

**When:** Saturday, November 5 — 10:00am to 4:00pm  
Sunday, November 6 — Noon to 3:00pm

**Where:** Greenland Hills UMC  
5835 Penrose Avenue  
(corner of Penrose and Delmar)



## MOSQUITO CONTROL

The weather is cooling down, but those pesky mosquitoes are still active. Remember to practice the 4Ds to fight the West Nile, Chikungunya, and Zika viruses.

- At DUSK & DAWN, limit outdoor activities during dusk and dawn hours when mosquitoes are most active.
- DRESS in long sleeves and pants, loose and light colored clothing when you go outside.
- DEET all day, every day: Whenever you're outside, use insect repellents that contain DEET or other EPA-approved repellent and follow label instructions.
- DRAIN standing water in and around your home and neighborhood.

Call 311 to report standing water.



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### ADVERTISING IN THE LGNA NEWSLETTER

The LGNA newsletter now features advertising from neighborhood businesses. Our full-color newsletter is delivered to 2,700 households in the LGNA area. If you're interested in showcasing your business at a nominal rate, contact [Advertising@LGNA.net](mailto:Advertising@LGNA.net)

# DIG THIS!

notes from a neighborhood gardener

### It's Cucurbitacae Time

Nothing speaks of fall and winter like the appearance of cucurbitacae (winter squash and pumpkins) in stores, farmers' markets, and on front porches. Not only are they decorative, cucurbitacae are a tasty addition to any menu.

Winter squash including pumpkin are versatile. They can be baked, steamed, pureed into a creamy soup or added in chunks to a stew, casserole, or winter salad. Bake it into pies and muffins, and even add pureed squash to smoothies.

Winter squash include the hard-rind Hubbards, butternuts, buttercup, acorns and kabocha (Japanese pumpkin) types.

They are a super food, superior source of vitamin A, and a good source of fiber, vitamin C, several of the B complex vitamins, potassium, and many other essential minerals. In addition, they contain unusually high amounts of several carotenoids that give many fruits and vegetables their orange or yellow tinge.

Although most of their calories come from carbohydrates, winter squash contain a special class of carbohydrates that have anti-inflammatory and antioxidant, as well as cholesterol- and insulin-regulating properties.

Welcome fall with a trip to the local pumpkin patch and serve up some super food while decorating that front porch.



sara wick

Send your gardening questions to Sara by email at: [DigThis@LGNA.net](mailto:DigThis@LGNA.net)