

LGNA

LOWER
GREENVILLE
NEIGHBORHOOD
ASSOCIATION



AUGUST • SEPTEMBER 2019

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MEET YOUR NEW CITY COUNCIL MEMBER DAVID BLEWETT REPRESENTS DISTRICT 14



Following the June runoff election, Lakewood Heights neighbor, David Blewett, took the helm as our new District 14 City Council member. You can meet him and hear his thoughts on the District and the City when he joins the LGNA membership at our upcoming August event. Mark your calendar and join us!

- Wednesday, August 21, 6:30 p.m.
- Pizzeria Testa, 3525 Greenville Ave.
- Complimentary valet parking and appetizers

MOMS AND BABIES HIT THE GYM

NEIGHBOR LEADS PREGNANCY AND POST-NATAL FITNESS CLASSES

We know exercise is critical to physical and mental wellbeing at all life stages, but new moms are often uncertain how to start or resume a fitness regimen, which activities are safe and what to do with baby while they workout. A series of **Fitness for Moms and Babies** classes offered by Texas Health Presbyterian and taught by a Lower Greenville neighbor has new moms covered.

(CONTINUED INSIDE)



UPCOMING EVENT

WHEN Wednesday, Aug 21
6:30 pm

WHERE Pizzeria Testa
3525 Greenville Ave.

WHAT City Council Member
District 14
David Blewett

BULK TRASH DATE

PICK UP: Aug 12-16
EARLIEST SET-OUT: Aug 8

PICK UP: Sept 9-13
EARLIEST SET-OUT: Sept 5

PICK UP: Oct 14-18
EARLIEST SET-OUT: Oct 10

Remember: The city has a zero tolerance for placing trash out prior to the earliest set-out date. Don't get stuck with a fine for missing the date.



LOG ON TO
LGNA.NET
for information
and updates.

(CONTINUED)

MOMS AND BABIES HIT THE GYM

NEIGHBOR LEADS PREGNANCY AND POST-NATAL FITNESS CLASSES



"It is so important for new mothers to have opportunities to exercise and get out of the house and connect with other supportive moms during what can be a joyous, but also isolating, time," explains Bronwyn Garcia, an emergency room nurse and pre- and post-natal fitness specialist.

Her **Mom and Baby/Toddler Fitness** classes welcome moms of all fitness levels, as well as crying babies. The American College of Obstetricians and Gynecologists say that women who have experienced normal vaginal births can often resume exercise even a few days after giving birth, or as soon as they are ready. Those who have had Cesarean deliveries need to follow the advice of their provider.

"It's very helpful for new moms to resume or start exercising to aid their recovery, however, they should do so with classes or personal trainers qualified in post-natal fitness," she advises. "Some exercises need to be avoided in the postpartum period due to concerns of worsening diastasis recti (abdominal separation)." Garcia holds certification from the Oh Baby! Fitness Program and a group fitness certification from the Athletics and Fitness Association of America (AFAA).

Garcia lives on Vanderbilt and, when not caring for patients in the ER or teaching fitness classes, enjoys chasing after her two children, Archer, age 3, and Eva, age 1.

You can learn more at wombandwellness.com/postnatal. Garcia's class is offered Tuesdays at Noon at Texas Health Presbyterian on Walnut Hill Lane.



FUN IN THE SUN AT RENOVATED TIETZE PARK AQUATIC CENTER



Tietze Splash, August 10, 6-8 p.m. caps the season

The first season at the beautiful new Tietze Aquatic Center could not have been wetter, splashier, cooler or more slippery thanks to a major renovation that brought extensive new facilities to this favorite local swimming pool.

More than 10,000 kids and adults visited the pool just part-way through the season. Word in the water is that the splash pad, water slide and four-lane lap pool are big hits. But hot dogs at the concession stand are a close second.

The new facilities include ADA compliant restrooms, showers and a First Aid Station. Tietze Splash will be the final pool event of the season, Saturday, August 10 from 6-8 p.m. with the pool remaining open through August 11.

Visit dallasaquatics.org for information about the 2020 pool opening date, pool fees and other helpful information.

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FIVE QUESTIONS FOR . . . NEW GENEVA HEIGHTS PRINCIPAL MICHAEL RUIZ



Geneva Heights Elementary has a new Principal this school year. **Michael Ruiz** realized his childhood dream of becoming an educator when DISD's Alternative Certification Program traveled to Puerto Rico to recruit candidates.

He was named for the Principal's job after serving for two years as the Assistant Principal at Woodrow Wilson. The award-winning educator lives in Duncanville with his

wife Magda and children Amanda and Alejandro. He recently answered these 5 questions for the LGNA newsletter:

WHO WAS YOUR MOST MEMORABLE TEACHER AND WHY?

Ms. Ramos, my 6th grade math teacher. She was the first teacher who made me feel smart. She individualized her instruction and even though I had not always been the best student, that year I covered a year and a half of material and learned it in-depth.

WHAT WAS YOUR WORST JOB AND WHAT DID YOU LEARN FROM IT?

I handed out promotional flyers for the Duty-Free Shop located at Pier 1 in Old San Juan. It wasn't the most thrilling job, but it gave me a strong foundation in customer service skills.

DO YOU HAVE A FAVORITE QUOTE?

"Give me six hours to chop down a tree and I will spend the first four sharpening the axe." Abraham Lincoln

WHAT BOOKS ARE ON YOUR NIGHTSTAND?

The Bible and The Ten Faces of Innovation by Tom Kelly.

WHAT INSPIRES YOU AS YOU GO ABOUT YOUR DAY AT SCHOOL?

Students. I am constantly inspired by their wonder and sincerity. Children are some of the most reasonable people I have ever met, and it is our job to create an environment that fosters these qualities.

Well said, Principal Ruiz.
Congratulations and best of luck!



POLICE • COMMUNITY PARTNERSHIPS

SAVE THE DATE... NATIONAL NIGHT OUT

OCTOBER 1, 2019

National Night Out is an annual community-building event that promotes police-community partnerships and neighborhood camaraderie to make our neighborhoods safer, more caring places to live.

Every year, on the first Tuesday in October, Lower Greenville gathers at Tietze Park for a great neighborhood event that includes bounce houses, face painters, free hot dogs, local vendors, a DJ and more! Event starts at 5:30 p.m. and runs until dark.

U.S. CONGRESSMAN ALLRED MEETS WITH NEIGHBORS

U.S. Congressman Colin Allred met with members of the 32nd District he represents at LGNA's May meeting. Among several topics he discussed were bi-partisan support for:

- A high-speed rail system connecting Dallas and Houston
- Creation of a new VA Hospital in Garland
- Legislation to utilize private/public funds to build infrastructure
- Need for lower prescription drug costs

Constituents can contact him at <https://allred.house.gov/>



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GETTING TO KNOW GREENLAND HILLS CHURCH

A good neighbor that generously shares its space with community

Greenland Hills United Methodist Church has been part of our neighborhood since 1941, but its ministry takes on all the challenges of today's world, according to pastor Reverend Kerry Smith.

As a congregation, Greenland Hills has had long relationships with organizations that walk alongside the most vulnerable in our world. The church has partnered with Emanuel Lutheran Church and its Emanuel Community Center in old east Dallas to feed the hungry. For more than 20 years, Greenland Hills has built houses in Ciudad Juarez, Mexico, with the organization Proyecto Abrigo. The church is a part of the Reconciling Ministries Network, seeking the inclusion of people of all sexual orientations and gender identities in all areas of the United Methodist Church, and is excited about beginning a new partnership with the ecumenical justice group Faith In Texas.



"Greenland Hills is grateful to use our building to support other groups in the neighborhood," Pastor Smith said. Narcotics Anonymous has met there every evening for more than 20 years. They also host Boy Scout Troop 325, provide rehearsal space for the Singapore Slingers, lesson space for Ubuntu music program, practice space for an improv troupe and often host the Lower Greenville Neighborhood Association (LGNA).

For 12 years, they have offered their Global Village Market the first weekend in November that provides friends and neighbors an opportunity to shop for alternative holiday gift giving.

Greenland Hills Preschool launched in 2011 and Sunday morning services are offered at 9 a.m. and 11 a.m., with weekly Sunday school for children and classes and activities for adults and youth.



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YOUR TOY DONATIONS ARM POLICE with Comfort for Frightened Children



Toys for Cops collection underway

Those stuffed animals gathering dust in your playroom, closet or an older child's bedroom could help calm and reassure frightened children who interact with Dallas Police Department Central Patrol officers responding to domestic violence calls and traffic accidents.

DONATING IS EASY:

- Collect your gently used, soft plush toys for Toys for Cops.
- Collect children's puzzles, board games and books for the Jubilee Center, a Central Patrol-sponsored storefront with after school and summer programs for area children.
- **Drop off your donations August 14-28 in the porch box at 5843 Vanderbilt.**
- Toys can also be donated at the LGNA event August 21 at Pizzeria Testa.

LGNA hosts the only organized toy-collection effort in Central Patrol. Let's help our officers help children in need.



WHAT'S GROWING IN LOWER GREENVILLE

by Sara Wick

I think that I shall never see
A poem lovely as a tree...

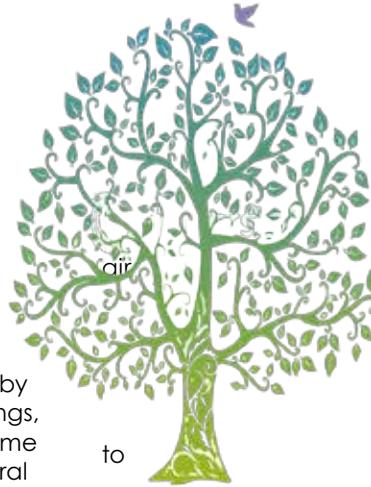
Trees, the 1913 poem by Joyce Kilmer is timeless — and a call to action with the need for trees greater than ever.

The Texas Trees Foundation's comprehensive 2017 urban heat study showed that one-third of Dallas suffers from urban heat island effect. A full 35% of the city is covered by impermeable surfaces like parking lots, roads and buildings, which absorb sunlight and heat the air around them. Some parts of Dallas are up to 15 degrees warmer than their rural counterparts.

LGNA is fortunate to have many trees but the June storm was an awakening that they cannot be taken for granted. The City of Dallas reforestation program provides trees and guidance for planting in public spaces such as medians and parkways. You can also check out Texas Trees Foundation at texas-trees.org for information on how you can get involved.

Planting trees is climate action

When planted where most needed, trees are a highly effective, efficient and immediate form of climate action. They combat heat island effect by swapping hot hardscape surfaces for shaded permeable areas. Water evaporation from leaves also reduces surrounding air temperatures, and



shading paired with water evaporation can double the cooling benefits. Trees can also filter deadly pollution, protecting people from chronic respiratory illness.

Over the past two years, the Texas Trees Foundation, the Nature Conservancy, and the Trust for Public Land has worked with Dallas leaders focus its plantings in places that best address heat and health outcomes.

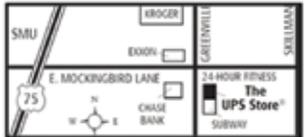
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BUSINESS BUZZ

Extensive construction at the former Firestone location at 1720 Greenville Avenue will soon be the home of the first Texas location of **New Hampshire-based Flatbread Company**. When construction is completed late fall, the restaurant will offer mostly organic and locally sourced food and provide seating for nearly 100 diners indoors with similar seating on a large front patio. It will include on-site parking for cars and bicycles.

The former bbbop location at 2023 Greenville will re-open any day now as a Japanese ramen restaurant called **Hinodeya Ramen**. This is the restaurant's fourth location, following its launch in California.



The former Dude Sweet store located next to Greenville Avenue Pizza Company has just reopened as a charming boutique featuring men's and women's clothing, accessories and jewelry. Check out the new **Bella & Brawn boutique**.



SUPPORT OUR EXTENDED PATROLS TO REDUCE CRIME

Recent media reports of rising crime in Dallas have many residents understandably worried. While the Lower Greenville area has not seen some of the more horrific incidents, we have seen increased levels of crime including car thefts and robberies.

A likely reason for the increase is Police Department understaffing that has affected patrols and the ability of detectives to conduct follow-up investigations. But we are not powerless! The best way to protect ourselves, our neighbors and our property is by supporting LGNA's Extended Neighborhood Patrol.

ENP HELPS REDUCE CRIME

Expanded Neighborhood Patrol (ENP) is a program authorized by the Dallas Police Department in which neighborhood organizations may hire armed, uniformed off-duty police officers to patrol their area in a DPD squad car. Frequency and length of individual patrol period are decided by the group. ENP has shown to be effective in reducing crime in neighborhoods throughout Dallas.

JOIN THE ENP

All LGNA residents can participate, whether you rent or own. **Annual dues of \$200 per household** (\$150 for seniors 65 and older) enable us to hire off-duty officers to make additional patrols.

Although many residents are concerned, only 4% of LGNA residents currently support our Extended Neighborhood Patrol, the same number who participated when we started the program ten years ago. That number pales in comparison to the 30% participation rate Lakewood enjoys.

We can do better! The more members who join, the more frequent patrols we can provide, as well as better follow up on nuisance issues that early intervention can often keep from escalating.

For more information on the program and to lend your support, please visit [LGNA.net](https://lgna.net/crime-watch/extended-neighborhood-patrol/) and look under Crime Watch <https://lgna.net/crime-watch/extended-neighborhood-patrol/>. You can pay online with credit card or Paypal.

FOR MORE INFORMATION

Email crimewatch@lgna.net or call Darren Dattalo at 214-476-8023.

NEW OFFICER ON THE BEAT Meet Daniel Camacho

Please welcome, support and get to know our new Extended Neighborhood Patrol Officer Daniel Camacho. Officer Camacho will provide and supervise our added patrol coverage along with two other officers with whom he coordinates. He replaces Keith Allen, who has provided our patrols since we launched in 2008 and recently retired from the Dallas Police Department.



Reflecting long-overdue raises for police officers in Dallas, rates for ENP officers have also increased. We need 12 additional households to join the ENP to cover this increase and many more to boost participation from 4% and realize the full benefits of neighborhood patrol.

	MAR 19	APR 19	MAY 19	JUNE 19
Home Break-ins	1	1	2	2
Car Break-ins	7	4	11	4
Robberies	1	0	1	0
Auto Theft	4	2	2	2
Total Incidents	13	7	16	8

SHOW YOUR SUPPORT AND JOIN LGNA NOW!
For more information and to join go to [LGNA.NET/JOIN-IN](https://lgna.net/join-in)